

DESIGNING BALANCE:

Time Management and Well-Being in Creative Education



WORKSHOP DATE:

16th JAN 2025

CREATIVE EVENT

The workshop aimed to create a reflective space for design students to organize their thoughts, explore concepts of life and gratitude, and build connections.

Students sat in a circle around a central lamp symbolizing unity, moved through the space, acknowledging classmates, and concluded by sharing reflections on a Gratitude Wall, capturing their collective insights.

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Classroom: a space beyond
learning

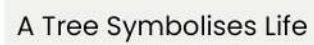


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Circle a central lamp



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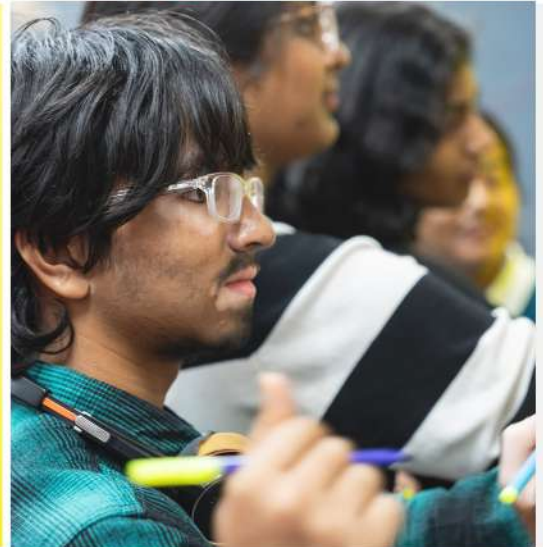
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Learning the art of appreciation

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Gratitude wall

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Closing with **HOPE**